

APPENDIX: 18**TITLE: CAT Tourniquet or other similar device****REVISED: November 1, 2017**

INTRODUCTION: The Combat Application Tourniquet is an adjunct tourniquet used in ACCESS.

INDICATION: Refer to the general tourniquet SWO T-5

CONTRAINDICATIONS: Refer to the general tourniquet SWO T-5

PROCEDURE: The C-A-T is to be placed 2-3" above the injury site, but not to be placed over a joint. The most effective placement for the C-A-T is as high on the injured extremity as possible.

ARM:

- 1-**Put the injured extremity through the loop created by the tourniquet
- 2-** Pull the free running band until the tourniquet is snug against the arm but not enough where the band exceeds the windless clip.
- 3-**Turn the windless rod until hemorrhage stops.
- 4-** Secure the windless rod into the windless clip.
- 5-** Pass the free running band through the windless clip and secure the windless rod in place with the white "Time" strap.

LEG:

- 1-**Completely un-feed/undo the tourniquet from its loop form until it is in strap form.
- 2-**Wrap the tourniquet around the leg and feed the free running band up and down through friction adapter.
- 3-** Pull the free running band until the tourniquet is snug against the leg. Note the band should not exceed the windless clip.
- 4-**Turn the windless rod until hemorrhage stops.
- 5-** Secure the windless rod into the windless clip.
- 6-** Secure the windless rod in place with the white "Time" strap.

Physician PEARLS:

- Please assess CMS every 5-10 minutes
- The CAT is to only be used if hemorrhage cannot be controlled by traditional means.

Tourniquet Use/C-A-T